

Sunday

Monday

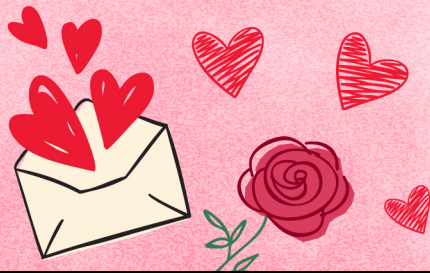
Tuesday

Wednesday

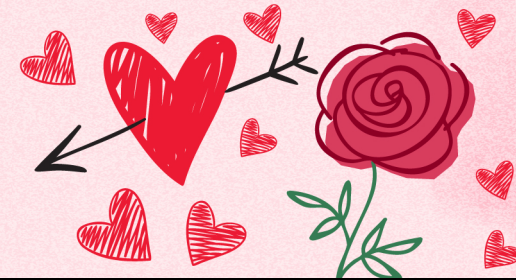
Thursday

Friday

Saturday



February 2025



<p>9:30 Morning Movement w/ Val 10:00 Chronicle and Brain Fitness 10:30 Trivia - Resident Choice 11:00 Sing-A-Long 1:00 Self Portrait Coloring 2:30 Popcorn Social 3:00 Bingo 5:30 Movie</p> <p>Groundhog Day</p>	<p>9:30 Morning Movement w/ Val 10:30 Daily Chronicle & News 11:00 Balloon burst word game 1:00 Calm Coloring 3:00 Music by Kendall in AL 5:30 Movie</p>	<p>9:30 Morning Movement 10:30 Chronicle & Daily News 11:00 Cone Kickball 1:30 Music with Joe in AL 2:30 Lavender Hand Massage 3:30 Valentines Arts and Crafts 5:30 Music and Magazines</p>	<p>9:30 Weight Training Class 10:30 Chronicle & Daily News 11:00 Social Cards 1:30 Balloon Noddle 2:30 Valentines Painting 3:00 Make Cereal Bracelets 5:30 Music and Magazines</p>	<p>9:30 Sit and be fit 10:00 Chronicle & Daily News 11:00 aromatherapy & hand massage 1:30 Cone Kickball 2:00 Downtown Napa stroll 3:00 Music with Andre 5:30 Movie Night</p>	<p>9:30 Sit & Be Fit 10:30 Chronicle & Brain Fitness 11:00 Balloon Wars 1:00 Winter Bingo 2:30 Foodie Friday: Baking 3:30 Word Games 6:00 Movie Night:</p>	<p>9:30 Drum Fitness with Susana 10:30 Chronicle & Brain Fitness 11:00 Social Cards 1:30 Bowling Practice 3:00 Music Performance by Syria AL 5:30 Movie</p>	<p>9:30 Drum Fitness with Susana 10:30 Chronicle & Brain Fitness 11:00 Bowling Practice 1:00 Balloon Wars 3:00 Bingo! 4:00 Family Feud 6:00 Movie</p>
<p>9:30 Morning Movement 10:00 Chronicle and Brain Fitness 11:00 Cornhole 1:30 Meditative Coloring 2:30 Popcorn Social 3:30 Bingo 5:30 Movie/Independent Bible Study</p>	<p>9:30 Morning Movement w/ Val 10:30 Daily Chronicle & News 11:00 Dancing 1:00 Meditative Coloring 2:30 Baking: Banana M 3:30 Balloon Noodle 5:30 Movie</p>	<p>9:30 Sit and be fit 10:30 Chronicle & Daily News 11:00 Bean Bag Toss 1:30 Music with Joe in AL 2:30 xoxoxo Trivia! 3:30 Afternoon Bingo 5:30 Scrabble/Movie</p>	<p>9:30 Seated Tai Chi 10:00 Dementia support group 10:30 Chronicle & Daily News 11:00 Cone Kickball 1:30 Watercolor Painting 2:30 Laughter with Tina 3:30 Arts and crafts 5:30 Magazines & Music</p> <p>Tu B'Shevat Begins</p>	<p>9:30 Drum Fitness 10:30 Chronicle & Daily News 11:00 aromatherapy & hand massage 1:30 Cone Kickball 2:00 Valentine's Coloring 3:00 Scenic Drive around Napa 5:30 Scrabble</p>	<p>9:30 Sit & Be Fit 10:30 Chronicle & Brain Fitness 11:00 Balloon Wars 1:30 Music with Kendall 2:30 Foodie Friday: Happy Hour 3:30 Word Games 6:00 Movie Night</p> <p>Valentine's Day</p>	<p>9:30 Drum Fitness with Susana 10:30 Chronicle & Brain Fitness 11:00 Bowling Practice 1:30 Singing Practice 3:00 Music with Syria in Al 4:00 Family Feud 6:00 Movie</p>	<p>9:30 Drum Fitness with Susana 10:30 Chronicle & Brain Fitness 11:00 Bowling Practice 1:30 Singing Practice 3:00 Music with Syria in Al 4:00 Family Feud 6:00 Movie</p>
<p>9:30 Morning Movement 10:00 Chronicle and Brain Fitness 11:00 Dancing 1:30 Meditative Coloring 2:30 Popcorn Social 3:30 Bingo 5:30 Movie/Independent Bible Study</p>	<p>9:30 Drum Fitness 10:30 Chronicle & Daily News 11:00 Ping Pong Bucket 1:30 Baking cupcakes 2:30 Social Cards 3:30 Bowling w/ Val 5:30 Movie Night</p> <p>Presidents' Day (U.S.)</p>	<p>9:30 Sit and be fit 10:30 Chronicle & Daily News 11:00 Social Cards 1:00 Music with Joe in AL 2:30 Lavender Hand Massage 3:30 Love Bingo 5:30 Magazines & Music</p>	<p>9:30 Drum Fitness 10:30 Chronicle & Daily News 11:00 Cone Kickball 1:30 Balloon Noddle 2:30 Reading club 3:00 Music with Kendall in AL 5:30 Magazines & Music</p>	<p>9:30 Sit and be fit 10:30 Chronicle & Daily News 11:00 aromatherapy & hand massage 1:30 Copia Museum outing 3:00 Music w/ Mark and Steve in Al 5:30 Magazines and music</p>	<p>9:30 Sit & Be Fit 10:30 Chronicle & Brain Fitness 11:00 Balloon Wars 1:30 Calm Coloring 2:30 Foodie Friday: Happy Hour 3:30 Word Games 6:00 Movie Night</p>	<p>9:30 Drum Fitness 10:30 Chronicle & Brain Fitness 11:00 Bowling Practice 1:00 Balloon Wars 3:00 Winter Bingo 4:00 Family Feud 6:00 Movie</p>	<p>9:30 Drum Fitness 10:30 Chronicle & Brain Fitness 11:00 Bowling Practice 1:00 Balloon Wars 3:00 Winter Bingo 4:00 Family Feud 6:00 Movie</p>
<p>9:30 Morning Movement 10:00 Chronicle and Brain Fitness 11:00 Cornhole 1:30 Meditative Coloring 2:30 Popcorn Social 3:30 Bingo 5:30 Movie/Independent Bible Study</p>	<p>9:30 Drum Fitness 10:30 Chronicle & Daily News 11:00 Ping Pong Bucket 1:00 Trivia 2:00 Baking with Val 3:00 Balloon Burst word game 5:30 Movie Night</p>	<p>9:30 Sit and be fit 10:30 Chronicle & Daily News 11:00 Social Cards 1:00 Music with Joe in AL 2:30 Balloon Noddle 3:30 xoxoxo Bingo 5:30 Magazines & Music</p>	<p>9:30 Fitness with Susana 10:30 Chronicle & Daily News 11:00 Cone Kickball 1:30 Valentines Cookies 2:30 Winter Bingo 3:00 Fun Painting 5:30 Magazines & Music</p>	<p>9:30 Weight Training Class 10:30 Chronicle & Daily News 11:00 Cone Kickball 1:00 Scenic Drive around Napa 2:00 xoxoxo Arts and Crafts 3:00 Bingo 5:30 Movie Night</p>	<p>9:30 Sit & Be Fit 10:30 Chronicle & Brain Fitness 11:00 Balloon Wars 1:00 Fall Painting 2:30 Foodie Friday: Happy Hour 3:30 Word Games 6:00 Movie Night</p> <p>Ramadan Begins</p>	<p>9:30 Drum Fitness with Susana 10:30 Chronicle & Brain Fitness 11:00 Bowling Practice 1:00 Balloon Wars 3:00 Winter Bingo 4:00 Family Feud 6:00 Movie</p>	